

Chapter 16 Personality Disorders Study Guide Answers

"This authoritative work comprehensively reviews what is known about personality disorders, including vital information to guide clinical decision making. Leading experts synthesize contemporary thinking about the classification, etiologies, and development of these complex disorders. Diagnostic issues are explored, and available assessment instruments are discussed. The Handbook provides in-depth coverage of all commonly used psychotherapeutic and pharmacological treatments, with particular attention to the empirical evidence for each approach. Also addressed are special treatment modalities, such as day programs and group therapy, and forensic issues"--

This landmark work was the first to present a cognitive framework for understanding and treating personality disorders. Part I lays out the conceptual, empirical, and clinical foundations of effective work with this highly challenging population, reviews cognitive aspects of Axis II disorders, and delineates general treatment principles. In Part II, chapters detail the process of cognitive-behavioral therapy for each of the specific disorders, review the clinical literature, guide the therapist through diagnosis and case conceptualization, and demonstrate the nuts and bolts of cognitive intervention.

Traditionally, personality and psychopathology have been distinct areas of inquiry. This important volume reviews influential research programs that increasingly bridge the gap between the two areas. Presented are compelling perspectives on whether certain personality traits or structures confer risks for mental illness, how temperament interacts with other influences on psychological adaptation, links between personality disorders and mood and

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anxiety disorders, implications for effective intervention, and more.

The nearly 200 cases featured in this guide are drawn from the clinical experience of well over 100 clinicians, many of whom are well-known experts in particular areas of diagnosis and treatment.

People with personality disorder who offend tend to be neglected by health services in most countries. In the UK, there has been renewed interest in the field since government initiatives in the end of the 1990s. Government proposals themselves are controversial, but there is growing recognition that it is unsafe, both for the general public and for

A comprehensive, up-to-date and evidence-based review of women's mental health, written by leading experts, for mental health clinicians.

This handy DSM-5® Classification provides a ready reference to the DSM-5 classification of disorders, as well as the DSM-5 listings of ICD-9-CM and ICD-10-CM codes for all DSM-5 diagnoses. To be used in tandem with DSM-5® or the Desk Reference to the Diagnostic Criteria From DSM-5®, the DSM-5® Classification makes accessing the proper diagnostic codes quick and convenient. With the advent of ICD-10-CM implementation in the United States on October 1, 2015, this resource provides quick access to the following: * The DSM-5® classification of disorders, presented in the same sequence as in DSM-5®, with both ICD-9-CM and ICD-10-CM codes. All subtypes and specifiers for each DSM-5® disorder are included.* An alphabetical listing of all DSM-5 diagnoses with their associated ICD-9-CM and ICD-10-CM codes.* Separate numerical listings according to the ICD-9-CM codes and the ICD-10-CM codes for each DSM-5® diagnosis.* For all listings, any codable subtypes and specifiers are included with their corresponding ICD-9-CM or ICD-10-CM codes, if applicable.

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The easy-to-use format will prove indispensable to a diverse audience -- for example, clinicians in a variety of fields, including psychiatry, primary care medicine, and psychology; coders working in medical centers and clinics; insurance companies processing benefit claims; individuals conducting utilization or quality assurance reviews of specific cases; and community mental health organizations at the state or county level.

Following the text's content, Richard Straub offers a Chapter Overview and Chapter Review, which is divided by major section. Each group of fill-in-the-blank and short-answer questions is preceded by the relevant objective from the text. The Study Guide also includes three self-tests (one of which encourages students to think critically about the chapter's concepts), answers (with page references for the self-tests and explanations of why a choice is correct or incorrect), and a Focus on Language and Vocabulary section, which explains idioms and other phrases used by David Myers in the text that may not be clear to some readers.

"These cases exemplify the mental disorders categorized in the DSM-[tm]. Cases are cross-referenced with DSM-[tm] and help with understanding diagnostic concepts, including symptoms, severity, comorbidities, age of onset and development, dimensionality across disorders, and gender and cultural implications. A brief discussion follows each case, analyzing the clinical presentation, highlighting key points, and exploring issues of comorbidity that may complicate both the diagnosis and subsequent treatment"--publisher's description.

"This book is designed to help students organize their thinking about psychology at a conceptual level. The focus on behaviour and empiricism has produced a text that is

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better organized, has fewer chapters, and is somewhat shorter than many of the leading books. The beginning of each section includes learning objectives; throughout the body of each section are key terms in bold followed by their definitions in italics; key takeaways, and exercises and critical thinking activities end each section"--BCcampus website.

"The revised and updated Third Edition of this popular text explores the full psychiatric nursing care continuum - from the fundamentals of sound nursing theory to therapeutic applications and clinical modalities for the major DSM-IV-TR disorders. Using the nursing process as its framework, the text emphasizes assessment, therapeutic communication, neurobiology, and psychopharmacologic intervention - all in a reader-friendly format that promotes self-awareness, effective communication, and the use of family and community resources."--BOOK JACKET.

A Life Course Approach to Mental Disorders examines the causes and consequences of a wide-range of mental disorders throughout life, from the peri-natal period through old age.

Cognitive therapy offers a well-documented and cost-effective psychosocial treatment model for working with substance abuse disorders. Comprehensive and accessible, this volume clearly details the cognitive model of addiction, the specifics of case formulation, management of the therapeutic relationship, and the structure of the therapy sessions. It discusses how to educate patients in the treatment model and

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procedures and manage their cravings and urges for drugs and alcohol. Specific cognitive and behavioral strategies and techniques are described in detail, as are methods for understanding and working with patients who present concomitant problems of depression, anxiety, low frustration tolerance, anger, and personality disorders. Also addressed are such significant issues as crisis management and relapse prevention. Enhancing the utility of the volume are appendices featuring sample client inventories and checklists. These forms are designed to help the clinician identify targets for intervention, track progress over time, and develop an individualized relapse prevention plan for each client.

This book collects the contributions of a number of clinical psychiatrists all over the world, interested in developing basic research about anxiety and in applying it in clinical contexts. It is divided into four sections, covering general issues about anxiety (ethological and developmental ones), basic research issues on specific aspects of anxiety (bioanatomical ones, correlation with personality structure and so on), and new clinical and therapeutical proposals and hypothesis. Each author summarized the clinical importance of his work, underlining the clinical pitfalls of this publication. Examine personality psychopathology from diverse perspectives and explore multiple research and treatment approaches with *The American Psychiatric Publishing Textbook of Personality Disorders*. Capture the multifaceted range of nonpathological human behavior and develop a judicious understanding of the extremes of behavior that are

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called personality disorders. No other textbook today matches the clinically useful scope and relevance of Textbook of Personality Disorders. Its comprehensive coverage of theory, research, and treatment of personality disorders, incorporating illustrative case examples to enhance understanding, reflects the work of more than 70 expert contributors who review the latest theories, research findings, and clinical expertise in the increasingly complex field of personality disorders. The deeply informative Textbook of Personality Disorders is organized into six main sections: Basic concepts -- Summarizes definitions and classifications of personality disorders, building on broader international concepts and theories of psychopathology and including categorical and dimensional models of personality disorders Clinical evaluation -- Discusses manifestations, problems in differential diagnosis, and patterns of comorbidity; the most widely used interviews and self-administered questionnaires; and the course and outcome of personality disorders. Etiology -- Includes an integrative perspective (personality disorders, personality traits, and temperament); epidemiology (one in ten people has a personality disorder) and genetics; neurobiology; antecedents of personality disorders in children and adolescents; attachment theory and mentalization therapy in borderline personality disorder; and the complex and variable interface between personality disorders and sociocultural factors Treatment -- Covers levels of care and the full range of therapies, from psychoanalysis to pharmacotherapy; includes detailed information on schema therapy, dialectical behavior therapy (specifically

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developed for self-injuring/suicidal patients with borderline personality disorder), interpersonal therapy, dynamically-informed supportive psychotherapy, group treatment, family therapy, psychoeducation, the therapeutic alliance, boundary issues, and collaborative treatment Special problems and populations -- Addresses suicide, substance abuse, violence, dissociative states, defensive functioning, gender and cross-cultural issues, and patients in correctional and medical settings New developments and future directions -- Offers perspectives on brain imaging and translational research and asserts that the closer working relationship between clinical psychiatrists and behavioral neuroscientists -- with neuroimaging techniques as the common ground -- will result in more promising models to enhance our understanding of the neuroscience and molecular biology of personality disorders Offering both a wealth of practical information that clinicians can use right away in their daily practice and an up-to-date review of empirical research, *The American Psychiatric Publishing Textbook of Personality Disorders* is the definitive reference and clinical guide not only for seasoned clinicians but also for psychiatry residents, psychology interns and graduate students, and social work, medical, and nursing students.

The core of the treatment is the balance of acceptance and change strategies, both within each therapy interaction and over time. For problem solving with borderline personality disorder, the book provides specific strategies for contingency management, exposure, cognitive modification, and skills training. The last component

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is further elucidated in the companion Skills Training Manual, which programmatically details procedures and includes client handouts for step-by-step implementation. Finally, to enhance interpersonal communication, Dr. Linehan presents three case management sets: consultation to the patient, environmental intervention, and consultation to the therapist. Addressing the most stressful patient behaviors that clinicians encounter, the book includes a step-by-step outline for assessing suicide risk, managing suicide threats, and working with chronic suicidal behavior

The Handbook of Narcissism and Narcissistic Personality Disorder is the definitive resource for empirically sound information on narcissism for researchers, students, and clinicians at a time when this personality disorder has become a particularly relevant area of interest. This unique work deepens understanding of how narcissistic behavior influences behavior and impedes progress in the worlds of work, relationships, and politics.!--EndFragment--

UNDERSTANDING ABNORMAL BEHAVIOR, 11th Edition offers balanced and clear coverage of psychopathology theories, research, and clinical implications. Fully updated to reflect DSM-5 and the newest scientific, psychological, multicultural and psychiatric research, the book introduces and integrates the Multipath Model of Mental Disorders to explain how four essential factors-biological, psychological, social, and sociocultural-interact to cause mental disorders. A focus on resilience highlights prevention and recovery from the symptoms of various disorders. This edition also continues its emphasis on the multicultural, sociocultural and diversity aspects of abnormal psychology. The authors present material in a lively and engaging manner, connecting topics to real-world case studies, current events, and issues of

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particular importance and relevance in today's world. Special features and the fresh design make the book even more approachable and appealing to all readers. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This is a comprehensive reference book on the subject of forensic mental health, looking at what forensic mental health is and its assessment, management and treatment. It focuses on key topics and the issues underpinning them in contemporary society. The book includes: an account of the historical development of forensic mental health, along with a description of the three mental health systems operating in the UK an in-depth analysis of the forensic mental health process and system, including an analysis of the different systems applied for juveniles and adults an examination of the main issues in forensic mental health including sex offending, personality disorders and addiction a breakdown of the key skills needed for forensic mental health practice. This is an authoritative reference book which will be a crucial text for practitioners, academics and students in the forensic mental health field.

This new edition continues the story of psychology with added research and enhanced content from the most dynamic areas of the field--cognition, gender and diversity studies, neuroscience and more, while at the same time using the most effective teaching approaches and learning tools.

This text continues to be one of the most current, authoritative overviews of the theories and research in psychopathology and intervention. Its widely praised scientific clinical approach blends the clinical and empirical/experimental as the authors examine each disorder from multiple perspectives. The text emphasizes different paradigms with a particular emphasis on

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the diathesis-stress paradigm as necessary for understanding most psychopathologies. Written for an audience that includes private practitioners; counselors working in mental health centers, psychiatric hospitals, employee assistance programs, and other community settings; as well as counselor educators and their students, this helpful guide breaks down the concepts and terminology in the DSM-5 and explains how this diagnostic tool translates to the clinical situations encountered most frequently by counselors. After describing the major structural, philosophical, and diagnostic changes in the DSM-5, the book is organized into four parts, which are grouped by diagnostic similarity and relevance to counselors. Each chapter outlines the key concepts of each disorder, including major diagnostic changes; essential features; special considerations; differential diagnosis; coding, recording, and specifiers; and, where applicable, new or revised criteria. Clinical vignettes help both clinicians and students visualize and understand DSM-5 disorders. Author notes throughout the text assist readers in further understanding and applying new material. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

Although the symptoms of personality disorders may differ widely in shape and scope, they are almost always treated with cognitive behavioral therapy (CBT). This is because all ten personality disorders are characterized by rigid thought and behavior patterns, and most people with these disorders suffer from similar types of ongoing conflict and instability in many aspects of their lives. Packed with exercises and worksheets, *The Cognitive Behavioral Therapy Workbook for Personality Disorders* presents a series of eight social skills and coping

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skills readers can learn and practice to overcome their personality disorder. First, readers learn to get reactivated in life and correct the self-defeating thoughts that hold them back. Then they learn a series of relaxation, visualization, and imagery techniques to confront their fears. Finally, readers practice real-life exposure to those fears and develop additional communication, emotion regulation, and coping skills to keep their personality-disorder-related behaviors in check. This workbook is the ideal resource for readers who suffer from any of the ten personality disorders: paranoid personality disorder; schizoid personality disorder; schizotypal personality disorder; histrionic personality disorder; narcissistic personality disorder; antisocial personality disorder; borderline personality disorder; avoidant personality disorder; dependent personality disorder; and obsessive-compulsive personality disorder. This handbook provides practical and evidence-based guidelines for evaluating, treating, and managing patients with substance abuse problems. The opening chapters provide an overview of key clinical issues, strategies for interviewing, screening, confronting, and motivating patients, and various treatment modalities. A major portion of the book focuses on diagnosis, medical complications, and treatment of specific drug addictions. Chapters on smoking and prescription drug abuse are also included. Other chapters discuss medical care for the addicted patient, psychiatric illness and addiction, and substance abuse in special populations. Specific treatment protocols are provided and each chapter ends with annotated references to the literature.

The definitive treatment textbook in psychiatry, this fifth edition of Gabbard's *Treatments of Psychiatric Disorders* has been thoroughly restructured to reflect

the new DSM-5® categories, preserving its value as a state-of-the-art resource and increasing its utility in the field. The editors have produced a volume that is both comprehensive and concise, meeting the needs of clinicians who prefer a single, user-friendly volume. In the service of brevity, the book focuses on treatment over diagnostic considerations, and addresses both empirically-validated treatments and accumulated clinical wisdom where research is lacking. Noteworthy features include the following: Content is organized according to DSM-5® categories to make for rapid retrieval of relevant treatment information for the busy clinician. Outcome studies and expert opinion are presented in an accessible way to help the clinician know what treatment to use for which disorder, and how to tailor the treatment to the patient. Content is restricted to the major psychiatric conditions seen in clinical practice while leaving out less common conditions and those that have limited outcome research related to the disorder, resulting in a more streamlined and affordable text. Chapters are meticulously referenced and include dozens of tables, figures, and other illustrative features that enhance comprehension and recall. An authoritative resource for psychiatrists, psychologists, and psychiatric nurses, and an outstanding reference for students in the mental health professions, Gabbard's *Treatments of Psychiatric Disorders, Fifth Edition*, will prove indispensable to

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clinicians seeking to provide excellent care while transitioning to a DSM-5® world.

Experienced researchers and clinicians from a wide variety of theoretical background have come together to give a comprehensive analysis of couples diagnosed with major psychopathology, personality disorders, and social challenges. Bipolar disorder, panic disorder, psychosis, sexual dysfunction, physical illness, narcissistic/borderline diagnoses --these are among the common problems addressed in this text as the contributors tackle the complex task of assessment, offering definitions, interpretations, interventions and instructive case material along the way.

For over a century, developmental disabilities have been associated with crime in prejudicial and pejorative contexts. *Offenders with Developmental Disabilities* provides a balanced, comprehensive review of the prevalence, nature and development of offending by those with intellectual disabilities. Not only does this volume include coverage of evidence-based assessment and treatment ideas, strategies and plans, but also places the field in a historical, legal and ethical context. William Lindsay, John Taylor and Peter Sturmey have brought together a wealth of contributors from differing backgrounds to share new material and knowledge of assessments, treatment, and service issues in a single volume.

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Divided into five parts, Part I opens with theoretical issues; Part II deals with legal and services contexts including ethical concerns; Part III considers risk assessment, general assessment and approaches to evaluation; Part IV addresses specific issues of sexual offending, anger and aggression, fire raising, dual diagnosis, female offenders and personality disorder; Part V concludes with service development, professional and research issues. Forensic practitioners and students from psychology and psychiatry, lawyers and advocates, nurses and social workers will all find this comprehensive and practical book an inspiration in taking this field forward.

Study Guide to Personality Disorders is a question-and-answer companion that allows you to evaluate your mastery of the subject matter as you progress through the textbook. The Study Guide is made up of questions divided into individual quizzes that correspond to chapters in the Textbook.

This comprehensive reference, edited by one of the leading experts in the field, assimilates the newest and most effective treatment techniques for the personality disorders. Each chapter is written by leading scholars in the Cognitive-Behavior, Humanistic and Integrative theoretical models. In addition to a detailed case example in each chapter, additional case studies are integrated and used throughout.

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Personality disorders are highly prevalent and cause a substantial amount of human suffering and harm-not only to the individuals and families directly affected, but also to the population at large. These disorders generally have a heritability rate that is in excess of fifty percent, strongly suggesting that the behavioral disturbance they cause have a significant biomedical etiology. However, knowledge about the biological nature of personality disorders-and effective treatment of the latter-is significantly lacking. Although basic biological principles have overall served well in the foundation of psychiatry, they have received relatively little attention with regard to the areas of personality, temperament, and personality disorders. *Neurobiology of Personality Disorders* is the first book to focus specifically on the neurobiology of disturbed personality. It provides a thorough outline of the principles of neural science that mediate personality and describe what is currently known about how these biological processes are impaired in individuals with personality disorders. Its team of editors and authors are among the most frequently published and highly renowned international neuroscientists in the field of personality disorders, and its coverage of topics is comprehensive, authoritative, and heuristic. It's really 2 books in 1! The first half provides the diagnostic information needed to create a care plan; the second half covers the safe administration of

psychotropic medications. And, the concepts can be applied to a variety of healthcare settings...from in-patient hospitalization through the outpatient clinic...to home health and private practice.

Co-existing mental health and drug and alcohol problems occur frequently in primary care and clinical settings. Despite this, health professionals rarely receive training in how to detect, assess and formulate interventions for co-existing problems and few clinical guidelines exist. This Handbook provides an exciting and highly useful addition to this area. Leading clinicians from the UK, the US and Australia provide practical descriptions of assessments and interventions for co-existing problems. These will enable professionals working with co-existing problems to understand best practice and ensure that people with co-existing problems receive optimal treatment. A range of overarching approaches are covered, including: • working within a cognitive behavioural framework; • provision of consultation-liaison services, training and supervision; • individual, group and family interventions; and • working with rurally isolated populations. The contributors also provide detailed descriptions of assessments and treatments for a range of disorders when accompanied by drug and alcohol problems, including anxiety, depression, schizophrenia, bipolar disorder and learning difficulties. The Clinical Handbook of Co-existing Mental Health and

Drug and Alcohol Problems will enhance clinicians' confidence in working with people with co-existing problems. It will prove a valuable resource for all psychologists, psychiatrists, counsellors, social workers and all those working in both primary and secondary care health settings.

2011 AJN Book of the Year Winner in Mental Health! This quick reference serves as an authoritative clinical guide to diagnostic treatment and monitoring recommendations for patients with mental disorders in the primary care setting. It offers fast and efficient access to evidence-based diagnostic and therapeutic guidelines for managing psychiatric and mental health conditions. The book guides family and adult advanced practice nurses in making clinical decisions that are supported by the best available evidence, reflecting current research and expert consensus. Additionally, researchers may use this book to identify important clinical questions where more research could be conducted to improve treatment decision making. This comprehensive text is organized by major diagnostic categories, such as anxiety disorders, with specific diagnoses organized alphabetically within each category. It supports informed practice, which increases confidence in differential diagnosis, safe and effective treatment decision making, reliable treatment monitoring and, ultimately, improved patient outcomes. Additionally, DSM-IV-TR diagnostic standard summaries and ICD-9 codes are incorporated for use in the clinical setting. It is an essential resource in everyday practice for all health care providers.

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The Handbook of Antagonism: Conceptualizations, Assessment, Consequences, and Treatment of the Low End of Agreeableness looks at the theoretical and empirical underpinnings of antagonism, highlighting the consequences of the trait, its role in a number of problem behaviors and psychiatric disorders, and how it exerts itself on externalizing behaviors. Covering the biological and evolutionary roots of antagonism, the book provides clinical insight on assessment strategies, while also outlining a number of treatment techniques, including motivational interviewing, cognitive behavioral therapy, interpersonal psychology and psychodynamic treatment approaches. In addition, the book explores the development of antagonism across childhood and adolescence, discussing the societal consequences of the trait, as well as its role in a number of problem behaviors, such as aggression, violence, crime and substance use. Provides an overview on the development, assessment and treatment of antagonism Looks at antagonism's role in work, romantic relationships and other domains Outlines self-report and non-self-report assessment approaches Studies the links between antagonism, psychopathy, narcissism and antisocial personality Approaches antagonism from a dimensional trait model Analyzes the role antagonism plays in several prominent psychiatric disorders

Personality Disorders: Toward the DSM-V offers a scientifically balanced evaluation of competing theoretical perspectives and nosological systems for personality disorders. Editors William T. O'Donohue, Scott O. Lilienfeld, and Katherine A. Fowler have

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brought together recognized authorities in the field to offer a synthesis of competing perspectives that provide readers with the richest and most nuanced assessment possible for each disorder. The result is a comprehensive, current, and critical summary of research and practice guidelines related to the personality disorders.

Longtime Myers collaborator Richard Straub provides an updated study guide for the new edition.

Case Formulation for Personality Disorders provides clinical guidance on how to build effective treatment plans for patients presenting with personality disorders. Anchored within a disorder-specific approach, the present volume reviews the evidence base of case formulation methodology. The book takes an integrative and differentiated approach to case formulation, with multiple methods of case formulation, all specifically adapted to the psychotherapy of personality disorders, illustrated with many case examples. Provides individualized assessment and measurement in practice Uses 18 case formulation methods for treating personality disorders Identifies evidence-based effective treatment Includes real life case examples

Presents the evidence-base for links between personality traits, psychological functioning, personality disorder and violence - with a focus on assessment and treatment approaches that will help clinicians to assess risk in this client group. An evidence-based examination of those personality traits and types of psychological functioning that may contribute to personality disorder and violence- and the links that

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can be made between the two. Each chapter tackles an area of personality or psychological functioning and includes a developmental perspective, discussion of how to gauge risk, and an outline of effective treatments. Traits covered include impulsivity, aggressiveness, narcissism and the 'Big Five' - neuroticism, extraversion, openness, agreeableness and conscientiousness. New for the prestigious Wiley Series in Forensic Clinical Psychology, a market leader with more than 20,000 books in print. This new edition of The American Psychiatric Publishing Textbook of Personality Disorders has been thoroughly reorganized and updated to reflect new findings, expanded treatment options and considerations, and future directions, such as translational research, enhancing the text's utility while maintaining its reputation as the foremost reference and clinical guide on the subject. In four exhaustive and enlightening sections, the book covers basic concepts of personality disorders, etiology, clinical assessment, diagnosis, and treatment, and it addresses special issues that may arise with specific populations or settings. In addition, the text offers many features and benefits: Several chapters describe the intense efforts to identify the scientifically strongest -- and clinically relevant -- approaches to conceptualizing and enumerating personality traits and pathology. The book does not sidestep ongoing controversies over classification but addresses them head-on by including chapters by experts with competing perspectives. The hybrid dimensional/categorical alternative model of classification for personality disorders included in the DSM-5 is included in an appendix.

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and thoroughly referenced throughout the volume and discussed in detail in several chapters. Coverage of current research is up-to-date and extensive. Longitudinal naturalistic studies, which have shown surprising patterns of improvement in patients with selected personality disorders, as well as new and more rigorous treatment studies, have yielded critical findings in recent years, all of which are thoroughly addressed. Dozens of vivid and detailed case examples are included to illustrate diagnostic and treatment concepts. The editors have selected a roster of contributors second to none, and the text has been scrupulously edited for consistency of language, tone, and coverage. As clinical populations become better defined, new and more rigorous treatment studies are being conducted with increasingly promising results. The American Psychiatric Publishing Textbook of Personality Disorders offers clinicians, residents, and trainees in all disciplines a front row seat for the latest findings and clinical innovations in this burgeoning field.

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