

Dolores Cannon Convoluted Universe

A revolutionary process based on the four chambers of the heart and rooted in Toltec wisdom that brings emotional clarity, healing, and freedom The Warrior Heart Practice is a powerful new method to reconnect with our sense of authenticity and inner-knowing and realign with our true nature. Author of the bestselling book Warrior Goddess Training, HeatherAsh Amara has trained extensively in the Toltec tradition under the tutelage of don Miguel Ruiz, author of The Four Agreements. The Warrior Heart Practice is a revolutionary system based on the four chambered structure of the human heart. Walking through each of the four chambers—Feeling, Story, Truth, and Intent—readers learn to take stock of their current emotional and mental state and reframe their situation in a new healing light. The process begins in the Feeling chamber as readers accept the emotions they are currently experiencing without fighting or judging them. It then continues into the next chamber as readers witness the Story that they are telling themselves. In the Truth chamber, they learn to thoughtfully and objectively evaluate the reality of the situation. In the final chamber, they learn to define and focus their Intent. The last phase of the practice is the most profound—taking the knowledge they have gathered from the four chambers, readers then walk backwards through each of the four chambers, refocusing their Intent, Truth, Story, and Feelings based on what they've learned during the process. The Warrior Heart Practice leads to deep insights as readers learn to step outside of their preconceptions to realign with their true purposes and goals. Dolores Cannon uses information obtained from regressive hypnosis to formulate a provocative viewpoint on the ancient astronaut theory of human origins. Her findings indicate that the earth was seeded eons ago by travellers from outer space. These visits by ancient extraterrestrials did not end with their intervention in human evolution. They have continued up to the present day resulting in a whole class of contemporary humans who have been subject to alien abduction. Mainstream SETI scientists and ancient alien theorists don't agree on much, but one opinion they share is that the undisputed authority on the possibility of alien existence was the late Carl Sagan (1934—1996), whose voluminous writings on the subject have had a profound influence on ETI research. But how many Carl Sagan fans know that while the renowned scientist was at Stanford University, he produced a controversial paper, funded by a NASA research grant, that concludes ancient alien intervention may have sparked human civilization? Author Donald Zygutis lays out a compelling case that points to a cover-up by the Pentagon and NASA, who may have buried it soon after it was written. How significant is the Stanford Paper? The answer may lie in another question: How would a science-backed theory and search strategy to guide the discovery of alien artifacts among our own ancient civilizations impact the worldwide institutions of government, religion, and culture? Recently rediscovered by the author, Sagan's lost Stanford paper is the central theme of The Sagan

Conspiracy. Groundbreaking research and paradigm-changing material challenges conventional thinking about the People's Scientist—and maybe even the origins of human society. Sagan even conceived of the likelihood that the ancient Sumerian civilization had been visited and influenced by beings from other worlds as evidenced by ancient manuscripts, among other artifacts. As we celebrate the 20-year anniversary of Carl's death, *The Sagan Conspiracy* is sure to fundamentally alter how the world thinks about extraterrestrials.

UFO sightings and abductions by aliens were the beginning, the tip of the iceberg. Dolore Cannon's work in *Hypnosis* has taken the study beyond abduction. Dolores traces the phenomenon from the simple to the complex. Exploring areas untouched by other investigators, she makes the unbelievable become acceptable and understandable!

In the personal research I have done in writing this book, I lived and saw the effects of stress and loss and fear while learning the importance of self-control, self-awareness, and connectedness. The men I have lived among behind bars in prison have taught me lessons that they don't realize they are teaching me. It's what I most needed to know. Besides them, there are those few family members and friends who have supported me and have kept my hope alive for living my own dream come true. Yes, at this moment I am inking (with pen) these words into a composition journal from a prison cell, where the words will next find their way to typing and editing then to publication. I can see my work one day being in your hands. I'll be honest in saying that I didn't write this book as being an acclaimed spiritual guru, only as a man who has always been searching for what the world could not teach me. My expertise does not prevail from years of contentment and having things fall my way, but actually more so from being an individual who always sought for goodness of heart in myself and in others, while having my own share of errors. My thoughts extend to you in the form of these words from a man who talked himself down from many emotional ledges. In prison, every moment is a struggle just to keep the chains of oppression unlocked. Leo Tolstoy wrote that "Each time of life has its own kind of love." At this time in my life those who are behind me are my true riches. Margaret Mead once suggested that the deepest dream coming true for humans is to have someone who cares that we make it home safe. I recall an old grocery store owner serving a sentence of thirty years to life, for a murder he says he did not commit. He'd already served thirty-three years when attending a parole board hearing. They gave him a definite release date of twelve more years, and he was elated. A dream come true just knowing he had a release date to look forward to. His toothless smile with gray whiskers told me his children will be pleased. He was now seventy-six. Those of you that know me understand how grateful I feel, in here, for only having to deal with the simple securities violation that landed me ten years by an "example-setting" judge, of which I've been told I will not fully serve. I cannot fathom an entire life in prison. Could you? These men mostly of who serve life sentences that I live among have given me high expectation of

myself that I want to extend on to you. It is what A Course in Miracles calls “The power of turning any situation that is not of love back into love, by thinking differently.” Every day an urge inside me suggests what I need to do, which is to be fully present and to patiently not waste time. I want every moment of time while in here spent writing, studying, exercising, or being helpful. My time in prison is almost over and for that I am thankful. During this brief time—a pit stop, so to speak—the voice within me suggests I see things this way: Life goes on, so I’ve decided that as long as I am living I might as well live.

This is a story of a young girl who was moved from where she grew up, to a new place in the country where she knew no one. Here she encounters a very special friend to help her adapt.

In this book you will discover what the messages from the different body systems mean and how you can heal any situation by understanding the message that is being delivered and acting appropriately on that message. This is a secret language that is now being revealed. It is no longer a mystery. Discover for yourself what YOU are trying to say to YOURSELF.

* Is it possible that you are living in other universes simultaneously with this one?

* Do you travel back and forth between other dimensions without your conscious knowledge?

* Could it be possible that you are only a splinter or fragment of a much larger soul?

* Do parallel universes exist side-by-side with this one?

* Are you living all your past and future lives at the same time?

* What is the God Source? These questions and many more are explored in this long-awaited sequel to The Custodians.

This information proceeded beyond abduction into complicated metaphysics, creating the need to explore more mind-expanding

The Convoluted Universe: Book 3 Ozark Mountain Publishing

This is the fourth volume in the wildly successful Convoluted Universe series.

Premier hypnotherapist and psychic researcher Dolores Cannon does it again.

Using deep hypnosis and past life regression techniques, she presents mind-

blowing theories and concepts originating from other dimensions. In this new

volume you'll find more information about the spirit side--where we go after we

"die"--plus new information on life reviews and preparing contracts and your life

plan of what you hope to accomplish on your return to Earth. Cannon uncovers

forgotten ancient knowledge widely used by secret mystery schools and ancient

civilizations, including Atlantis, Lemuria, and the original Stonehenge. She even

explores the creation of life on Earth and presents unknown information about

DNA.

Welcome to the incredibly beautiful and intriguing world of the Tarot. The purpose

of this book, Rebirth of the Oracle - The Tarot for the Modern World, is to simplify

and demystify this ancient oracle and to make it accessible to anyone who would

like to read the cards. The meanings given to the cards in this book are drawn

from the experiences of thousands of readings. They are also written with an eye

toward updating the Tarot, bringing this ancient oracle into the 21st century. You

will see meanings displayed for the cards that were not heard of, or even

dreamed of, in the early centuries of the Tarot. These include everything from media exposure to abortion to identity theft.

This sequel to *The Convolutioned Universe - Book One* provides metaphysical information obtained through numerous subjects by hypnotic past-life regression. *The Pleiadian Workbook* is a direct transmission from the Pleiadian Emissaries of Light--Light beings from the Pleiades--who say it's time now for spiritual growth, ascension, and healing. Through Amora Quan Yin, we are taught to open our "Ka Channels," which pull energy from our multidimensional, holographic selves into our physical bodies. These galactic healing techniques align us with our divine selves, raise our vibratory rates, and rejuvenate and balance our bodies, while accelerating spiritual evolution and stimulating emotional healing.

This book tells the story of the authors personal encounters with blue-skinned beings from the Pleiades as well as other amazing encounters with strange people, places and Beings. It also tells of the ancient extraterrestrial War between the Pleiades and the subterranean serpent race, the destruction of a civilization on Mars and a Planet called Phaeton and how our Secret History is taught in ancient Mythology around the globe. You will learn how to discern between astral entities, extraterrestrials and angelic Beings. Lessons are given on how to travel and explore the Universe with consciousness alone so that you can verify things for yourself. Finally you learn why our History and Destiny are hidden from mainstream culture. For thousands of years Planet Earth has been surrounded by a fog of ignorance, but the veils of reality are set to be lifted as we ourselves ascend in levels of consciousness rather than waiting for some outside force to fix things for us. While the authors previous books provided exercises in raising your level of consciousness, this book allows you to enter the perspective of a higher level of consciousness.

This book summarizes THE BEST insights of thirty-seven of the world's most authoritative sources. It provides readers with a vast cross-section of information and perspectives on this initiation into a divinely ordained, new beginning for our world! The authors of this prophetic anthology explain what's happening around us today and what "ascension" is all about. Each chapter adds dimension, reassurance and excitement about this exciting transition.

This volume contains 143 quatrains interpreted by the great master Nostradamus himself. Dolores Cannon is a regressionist and psychic researcher who has developed her own unique method of hypnosis that has enabled her to gain the most efficient release of information from her subjects. Since 1979, she has regressed and catalogued information gained from hundreds of volunteers. This is the fourth volume in the series in the wildly successful *Convolutioned Universe* series. Premier hypnotherapist, and psychic researcher Dolores Cannon does it again. Using deep hypnosis and past life regression techniques, she presents mind-blowing theories and concepts originating from other dimensions. In this amazing book, is more information about the spirit side - where we go after we "die." Plus new information on the life reviews and

preparing contracts and your life plan of what you hope to accomplish on your return to Earth. Cannon uncovers forgotten ancient knowledge that secret mystery schools and ancient civilizations used and is being brought back now. Ancient mysteries such as: Atlantis, Lemuria, the original Stonehenge, and the creation of life on Earth are explored.

UFO Sightings and Abductions by aliens were the beginning, the tip of the iceberg. Dolores Cannon's work in hypnosis has taken the study beyond abduction. This accumulation of 12 years of cases includes: * Cases of missing time * Spacecraft from other dimensions and planes of existence * Condensed or distorted time * The differences and functions of various alien races * And much more Dolores traces the phenomenon from the simple to the complex. Exploring areas untouched by other investigators, she makes the unbelievable become acceptable and understandable.

THE BEGINNING What do you do when you discover information that is before its time? What do you do when your curiosity takes you on an adventure that is so bizarre that there is nothing "normal" to relate to? This is what happened to Dolores Cannon in 1968, long before she began her career as a past-life hypnotherapist and regressionist. Travel back with us to that time when the words "reincarnation, past-lives, regression, walk-ins, New Age" were unknown to the general population. This is the story of two normal people, who accidentally stumbled across past-lives while working with a doctor to help a patient relax. It began so innocently, yet it crossed the boundaries of the imagination to open up an entirely new way of thinking at a time when such a thing was unheard of. It went totally against the belief systems of the time. It was so startling that they should have stopped, but their curiosity demanded that they continue to explore the unorthodox. The experiment changed the participants and everyone involved, and their beliefs would never be the same. Dolores Cannon is now a world-renowned hypnotherapist who has explored thousands of cases in the forty years since 1968, and has written fifteen books about her discoveries. Her books are translated into more than 20 languages. She is teaching her unique form of hypnosis all over the world. When she lectures people ask, "How did you get started on all of this?" This is the story of her beginnings. The book was written in 1980, her very first book. It has laid dormant, gathering dust, until now, waiting. Now is the time for it to come forth. Enjoy the adventure!

John Lerma's best-selling book, *Into the Light*, inspired thousands of readers to discover not only what awaits us as we prepare to make our journey from earth to heaven, but, more importantly, how to achieve heaven on earth. In *Learning From the Light*, Dr. Lerma shares more angelic messages given to his patients and more stories from and about survivors who have experienced the loss of a loved one...and their visits with angels. The mystical experiences described in this revelatory work include: Messages about the future of the world. Lessons on how to prepare for a peaceful and joyful transition to the next world. Selfless suffering and its effect on humanity. Electronic voice phenomena (EVP). Interactions with white angels and dark angels. Based on the latest research on near-death and pre-death experiences, *Learning From the Light* will show you: How to achieve heaven on earth. How to achieve self-forgiveness and self-love. How to disconnect from your ego to awaken your spiritual self. Religious skeptics often claim that heaven's existence cannot be proven, because no one has ever returned to talk about it firsthand. This is the book that proves them wrong.

A never-before-translated occult classic that brings the science of herbal medicine back to its Hermetic roots • Includes a large collection of recipes for spagyric medicines and quintessences, with detailed step-by-step instructions, adapted from celebrated spagyrist

such as Paracelsus, Pseudo-Lull, Philipp Ulstad, and Nicaise Le Fèvre • Provides botanical and medicinal classifications of over 600 plant species along with their astral natures, elemental qualities, and planetary and zodiacal signatures • Explores advanced methods and techniques and shares the author's secret formula for a universal circulatum First published in French in 1911, this practical guide to the art of spagyrics begins by outlining the ancient yet often forgotten Hermetic foundations of herbalism. Author Jean Mavéric provides botanical and medicinal classifications of over 600 plant species along with an in-depth study of their astral natures, elemental qualities, and planetary and zodiacal signatures as well as practical advice on the appropriate times to harvest plants and administer herbal remedies and quintessences. Reviewing the general principles and procedures of premodern chemistry, Mavéric then explores the secret doctrines and operations of the spagyric art. He offers a large collection of recipes for spagyric herbal preparations adapted from celebrated spagyricists such as Paracelsus, Pseudo-Lull, Philipp Ulstad, Jan Baptist van Helmont, Oswald Croll, and Nicaise Le Fèvre, providing detailed step-by-step instructions for a veritable pharmacopeia of spagyric extracts, tinctures, elixirs, liquors, oils, unguents, salts, aquae vitae, and quintessences. Mavéric also shares his intricate theory of astral medicine and advocates a seasonal "Hermetic diet" designed to keep the humors of the body in equilibrium and prevent the onset of illness. In the final section of the book, Mavéric focuses on the more advanced methods and techniques of Paracelsus, Helmont, and George Starkey, unraveling the mysteries of manufacturing alkalis, alkahests, and menstrua and divulging his own secret formula for a universal circulatum. Available now for the first time in English, this occult classic unveils the art of extracting spagyric essences to a modern audience while also bringing the science of herbal medicine back to its Hermetic roots.

Sequel to Jesus and the Essenes. The past-life memories of two women capture a true and compelling portrait of Jesus the man, from the healing miracles he performed to the gentle philosophy he preached. This is an INSIDER view, direct from Jesus' time, deep in feeling tones and profound in implications, giving a sense of how things truly were. This book includes drawings of the Temple and Old Jerusalem, and includes scenes at the Temple in Jerusalem, visits to homes and leper colonies, political intrigues leading to the crucifixion, and also the personal feelings of those who met him. The realism of this information is astounding. The persistent memory of a horrible death, that reached across time and space, and caused a 22 year old American girl to seek past-life therapy, revealed the dramatic story of a Japanese man who was killed in the atomic bombing of Hiroshima. There have been many stories of pain, death and destruction told by survivors of the Hiroshima bombing. This is the eyewitness account of one who did not survive! This case revealed startling information about the Japanese side of the war. Research into the bombing also revealed terrible truths that the public was not aware of at the time of this dramatic ending of World War II.

A guide to untaming yourself on a quest to discover your inner Sidhe nature, your ElvenHeart, for wholeness, healing, and awakening • Explores who the Sidhe are and shares close encounters with them in our modern world • Invites you to discover your ElvenHeart by journeying through the four portals of the StoneAnchor, the FlowDancer, the FireDreamer, and the WindSinger • Offers gifts in the form of simple exercises to bring you into contact with your magical kin and rewild yourself Awaken to your closest kin, the Sidhe (pronounced "Shee"), and let them inspire you to rediscover your gentle, wild, innermost nature, your ElvenHeart. Also known as the Faery People or the Good Neighbors, the Sidhe are not just figments of human imagination. They are reaching out to us, encouraging a reunion with humanity, and inviting us to partner with them in restoring wholeness to the world. As they reveal, serving Gaia or healing the Earth from the present crisis is not a convenience--it is a necessity. Offering an experiential guide to reconnecting with the Sidhe and our inner ElvenHeart, Søren Hauge explores who the Sidhe are, how both humanity and the Sidhe emerged from a

common ancestor, and how their untamed nature and deep wisdom bears significance for an aspect of our inner being that has gone to sleep. While the Sidhe did not enter the physical dimension as deeply as we did, they are real beings, very close to us, and different from angels, devas, and nature spirits. Søren introduces his own Sidhe contact, Fjeldur, and shares close encounters others have had with these beings in our modern world. He also takes you on a journey of rewilding through four portals--the StoneAnchor, the FlowDancer, the FireDreamer, and the WindSinger--to discover the treasure of your ElvenHeart at the core of your being. In the course of this, Søren offers gifts in the form of simple exercises that help bring you into contact with your magical kin and your inner Sidhe nature. Through this wild quest, the journey of untaming yourself, you will connect with your Sidhe partners, unfold their inner gifts in your own being, and rediscover the forgotten land of innocent wildness and gentle power within you.

We are children of the stars. This is our legacy and our heritage. In the history of the cosmos, Earth is a young planet. Our souls, on the other hand, have been around forever and will continue to be around forever. Thus Earth is not our only home. We have lived many lives in unusual environments before deciding to journey here and learn the lessons of Earth. After our schooling is completed on this planet, we will journey onward to discover new worlds to explore. The memories of these soul journeys are recorded in our subconscious, and in Legacy from the Stars hypnotherapist Dolores Cannon shows that they can be retrieved through regressive hypnosis. She reports dramatic cases where the subjects relived other lifetimes in strange environments -- inhabitants of other planets. After reading her latest book, you may agree that "we are all extraterrestrials," and Earth is merely a stop-over in our long adventure. There have been many interpretations and predictions about the year 2012, known as the Mayan End Time—touted in everything from books to television commercials. But what do the Mayans themselves have to say about these prophecies? In The Mayan Ouroboros, the much-anticipated follow-up to his bestselling Serpent of Light, spiritual researcher Drunvalo Melchizdek reveals for the first time what Mayan elders have told him about this period. In this book he explains how to prepare for this transition to a new 13,000-year cycle by learning how to move out of our brain and into our hearts. He shares the Mayan insight of the importance of our heart connection to our survival and ability to thrive during these times. Plus The Mayan Ouroboros reveals: The untold positive side of the Mayan prophecies The Mayan End Time--a seven-year period of transition which began in 2007 The magnetic pole shift that is currently affecting humans around the world The new ways in which humans will begin to perceive and communicate in the world. The discovery of thousands of ancient Mayan codexes that are currently being decoded by the Mayans

In 1945 when the atomic bombs were dropped in WWII, our "protectors" and "watchers" in outer space saw that Earth was on a collision course with disaster. The prime directive of non-interference prevented them from taking any action, but then they came up with a brilliant plan to save Earth and assist her in her ascension. They couldn't interfere from the "outside", but maybe they could influence from the "inside". So the call went out for volunteers to come and help. "Earth is in trouble - who wants to volunteer?" The native souls living on Earth were too caught up on the wheel of karma. The only hope was to ask for pure souls to come who had never been trapped on the karmic cycle. Dolores in her hypnosis work has discovered three waves of these volunteers. Some have come direct from the "Source" and have never lived in any type of physical body before. Others have lived as space beings on other planets or other dimensions. Because all memory is erased upon entry to the Earth dimension, they do not remember their assignment. Thus these beautiful souls have a difficult time adjusting to our chaotic world. These souls have a vital role to play as they help all of the rest of us ascend to the New Earth. * Characteristics of the Three Waves of Volunteers * The Difficulties being Experienced by First-Timers * How the Shift is affecting the Physical Body * The Roles of ETs

and Light Beings in the Shift * Keepers of the Grid * The Separation of the Old and New Earth * What is the New Earth? * What is the Significance of 2012?

Between the two concepts of past life regression and reincarnation, most people are probably more familiar with the latter. However, what few realize is that these two concepts are essentially linked with each other. Reincarnation has to do with the rebirth of a soul. If you believe that you will be reincarnated, then death is nothing to be afraid of. After all, if reincarnation exists for you it only means that life is but one cycle after another and death is just a transition from a previous life to the next. Get all the info you need here.

This book explores the phenomenon of Angels from two different perspectives: Spirit Guides/ Guardians Angels and Classic Winged Angels.

First Published in 1996. Routledge is an imprint of Taylor & Francis, an informa company.

Book Five in "The Convoluted Universe" series provides metaphysical information obtained through numerous subjects by hypnotic past-life regression.

Reveals the Mayan calendar to be a spiritual device that describes the evolution of human consciousness from ancient times into the future • Shows the connection between cosmic evolution and actual human history • Provides a new science of time that explains why time not only seems to be speeding up in the modern world but is actually getting faster • Explains how the end of the Mayan calendar is not the end of the world, but a path toward enlightenment The prophetic Mayan calendar is not keyed to the movement of planetary bodies. Instead, it functions as a metaphysical map of the evolution of consciousness and records how spiritual time flows--providing a new science of time. The calendar is associated with nine creation cycles, which represent nine levels of consciousness or Underworlds on the Mayan cosmic pyramid. Through empirical research Calleman shows how this pyramidal structure of the development of consciousness can explain things as disparate as the common origin of world religions and the modern complaint that time seems to be moving faster. Time, in fact, is speeding up as we transition from the materialist Planetary Underworld of time that governs us today to a new and higher frequency of consciousness--the Galactic Underworld--in preparation for the final Universal level of conscious enlightenment. Calleman reveals how the Mayan calendar is a spiritual device that enables a greater understanding of the nature of conscious evolution throughout human history and the concrete steps we can take to align ourselves with this growth toward enlightenment. Transform Your Relationships by Healing the Wounds, Blockages, and Attachments That Drive Family Members Apart In this brilliant book, Keith Sherwood and Sabine Wittmann show you how to improve your relationships and achieve powerful healing at the deepest levels of consciousness. Energy Healing for Relationships helps you find a compatible partner (or strengthen your connection to your existing partner), heal family dynamics, and overcome parenting challenges. Tips and techniques for working with meditation, energy, positive thinking, chakras, mudras, and visualization will move you forward on your journey with your family and friends while also helping you ensure that the children in your life grow up with all the love and self-confidence they need. Within these pages, you will discover more than one hundred accessible exercises for building skills like centering your awareness in your non-physical field and increasing your empathy for yourself and your loved ones. You will also explore powerful approaches to

recognizing and releasing attachments that can interfere with communication while improving your soul vibration and sense of internal balance. This book is a comprehensive guide to getting the most out of your relationships for a life filled with emotional nourishment and spiritual well-being.

Dolores has accumulated information about the Death experience and what lies beyond through 16 years of hypnotic research and past-life therapy. While retrieving past-life experiences, hundreds of subjects reported the same memories when experiencing their death, the spirit realm, and their rebirth. This book also explores: * Guides and guardian angels* Ghosts and poltergeists* Planning your present lifetime and karmic relationships before your birth* The significance of bad lifetimes* Perceptions of God and the Devil* And much more

Many of us lived previous lives as keepers of sacred knowledge that was taught in the ancient mystery schools. Much of this knowledge was lost through time due to disasters and destruction or death. The knowledge was reserved for a select few who devoted their lives to understanding and teaching it.

Embraced worldwide as key spiritual teachers of our times, the Pleiadians are back, with another bold and controversial look at our highest purpose on Earth. Earth: Pleiadian Keys to the Living Library is their handbook to inspired living, calling on us to restore and return value to the human being, and to recognize the Goddess energies and the power of blood as connections to our DNA and our heritage. Using wit, wisdom, and deep compassion, they entice us to explore the corridors of time through the concept of the Game Masters; to awaken the crucial codes for multidimensional perspective; and to redream the Living Library of Earth. Their teachings are significantly arranged in twelve chapters to trigger a deeper understanding of our ancestral lineage. Earth probes the memories hidden deep within us to reveal our crucial roles in the transformational process unfolding in our times.

The third and final book in their series contains 132 additional quatrains written and deciphered by Nostradamus himself, plus the exposure of bogus quatrains erroneously attributed to the great psychic Dolores Cannon has pierced the veil of the space/time continuum by her use of regressive hypnosis, to bring us warnings of events to come. This volume continues to work through various subjects and completes the interpretation of all the known prophecies.

Dr. Michael Newton is world-famous for his spiritual regression techniques that take hypnotic subjects back to their time in the spirit world. His two best-selling books of client case studies, Journey of Souls and Destiny of Souls, have left thousands of readers eager to discover their own afterlife adventures, their soul companions and guides, and their purpose in this lifetime. Now, for the first time in print, Dr. Newton reveals his step-by-step methods. His experiential approach to the spiritual realms sheds light on the age-old questions of who we are, where we came from, and why we are here. This groundbreaking guidebook, designed for both hypnosis professionals and the general public, completes the afterlife trilogy by Dr. Newton.

Through regressive hypnosis a lost legend of the history of mankind has been retrieved from the recesses of time. Did the American Indians descend from the inhabitants of an alien spacecraft that crashed in the Alaska-Canada region

thousands of years ago? Starcrash indicates that aliens continued to come to Earth, some intentionally and by accident, throughout our history. In order to adjust to harsh conditions they were forced to interbreed with the local aborigines. This was the only way to insure the survival of their race. Does their blood still flow in the veins of certain American Indian tribes?

This is a revised and expanded edition of Barbara and Gerry Clow's classic 2004 text. This sequel to the bestselling underground classic *The Pleiadian Agenda* outlines their theory of the nine dimensions of human consciousness and how those nine dimensions have become essential to our evolutionary survival. Incorporating the research and insight of the Swedish biologist Carl Calleman, the Clows demonstrate how recent scientific discoveries validate their theories. The existence of the nine dimensions of human consciousness can be proved by science. The most controversial aspect of this book is their exploration of the Mayan prophecies. Counter to much of the prevailing opinion, the fulfillment of the prophecies will not result in the Apocalypse, but will usher in a new and expanded era of human consciousness. They also assert that the beginning of this new era begins not on December 21, 2012—but on October 28, 2011—making the time of the great shift in consciousness just around the corner. Provocative and informative, the Clows have provided an explanation and roadmap for the future. It will be embraced by all who are interested in the evolution of human consciousness.

Our world is undergoing a reality revolution. More and more people are discovering the power of their minds to shape the world around them faster than ever before. The question is: how do you create the reality of your design? Brian Scott wants to help you find the answer. After walking away unscathed from a near-fatal shooting in his home, Brian began a fanatical search for answers. He deepened his research into parallel realities, quantum mechanics, and consciousness to uncover what happened in his close call with death. Along the way, he developed a series of techniques capable of creating profound transformations. In *The Reality Revolution: The Mind-Blowing Movement to Hack Your Reality*, Brian introduces you to the techniques that have helped his clients find lasting love, create wealth, and revitalize health. You'll learn how to surf through parallel realities and unlock the power of your mind through a mix of researched and science-backed techniques like qi gong, meditation, quantum jumping, energy work, and reality transurfing. If you're ready to create an incredible reality for yourself, this book shows you the way.

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